

ECHO Key Messages

Emergency and Community Health Outreach



Key Messages for ECHO Show #13 “Asthma & Respiratory Diseases”

Translation Deadline: Monday, August 29th, 2005

Translators: please contact Larry if you have any questions. Good luck with your work!

Number 1: Asthma is a serious health condition that affects the airways of the lungs.

Number 2: To reduce asthma symptoms, avoid the things in the environment (dust, smoke, infections, etc.) that make asthma worse.

Number 3: Medications can also reduce asthma symptoms—so consult a doctor about treatment for asthma.